



# URBAN ART TATTOO STUDIO

340 W. UNIVERSITY DR. NO 33

MESA, AZ 85210

480.844.7429

URBANARTTATTOO.COM

- \* Read, understand and follow all written and verbal after care instructions given to you by your artist. Just as every artist is different, so too are their recommended healing instructions.
- \* Wait at least 2 hours before removing your bandage. Make sure to dispose of the bandage properly.
- \* Using only your hands, wash gently with warm water and a mild soap (ie: Dove, Dial -anything with no perfumes or dyes) DO NOT scrub or let shower beat directly on your new tattoo. Do not use a loofah, exfoliating gloves, or washcloth.
- \* PAT dry with a newly washed or lint-free paper towel. Do NOT rub, scrub or scratch it.
- \* ONLY apply healing ointment your artist has recommended. Our tattoos are ONLY guaranteed, if you follow our healing instructions as set forth in the "Tattoo Aftercare" pamphlet and this e-mail or as instructed by your artist.
- \* You should NEVER touch or let anyone else touch your new and healing tattoo. Before and after applying ointment, wash your hands with antibacterial soap. As per the CDC, proper hand washing should take a minimum of 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end...twice.
- \* Apply aftercare 3-4 times a day for 2 -3 weeks all over the tattooed area. Rub in a small amount being careful not to scratch while applying.
- \* Remember, as with all wounds, the tattoo needs oxygen to heal and the ointment can stop oxygen from reaching the skin. Rub in gently, then pat off excess with clean lint-free paper towel and dispose.
- \* Keep tattoo out of sun and soaking in ANY body of water for a minimum of two weeks. Showers are OK, baths, hot tubs, beaches and swimming pools are NOT.
- \* DO NOT rub, scratch or pick on any scabs that may form. Scabs are there to protect your healing tattoo and should be left to fall off naturally. Should the tattoo get itchy, do NOT rub or scratch it, instead- carefully, pat at it.
- \* Keep all animals away from your bed and new tattoo until it is fully healed. Pet dander and hair can cause infections and make healing problematic. Wash all bedding before getting tattooed and frequently during the healing phase. It is normal to have excretions and blood plasma ooze throughout the night. It might be a good idea to buy disposable, cost effective bedding for this phase- that can be disposed of when your tattoo is fully healed.
- \* Keep your body well hydrated and fed, and get good sleep during the healing process. Keep in mind that, our bodies heal and cells are regenerated during a good night's sleep!
- \* Do not wear tight fitting clothing against your new tattoo as it can scratch out the ink, irritate the skin or cause infections.
- \* Allow 4-6 weeks before coming in to have the artist check the tattoo and take healed photos for their portfolios.
- \* While not always needed, the artist will take this opportunity to schedule any touch-ups, if they are indeed necessary.
- \* Touch-ups are free, however, if needed due to poor aftercare or excess sun exposure, there may be a fee.

**Remember, tips are NEVER expected but, always a great way to show your appreciation for a job well done!**